

# April-June 2025

## CAREspace

Community | Access | Relationships | Emotional Wellness

## Parent Workshops and Classes



### Behavioral Parent Training for Children with Behavioral Difficulties: PART 1 | Introduction to Behavioral Principles

Understanding what behaviors are and why they occur.

April 8 | 3:00–4:00 p.m. (English) | 4:00–5:00 p.m. (Spanish)

<https://rcoe.zoom.us/meeting/register/jGYzku8ERVmGspiFXudSaw>



### The 5 Protective Factors

Explore the five protective factors to promote the best possible outcomes for children, families, and communities.

April 17 | 5:00–6:00 p.m.

<https://rcoe.zoom.us/meeting/register/GlfLyfIGTQu0ggUaCaa-pw>



### Childhood Anxiety

Learn what Childhood Anxiety is, the causes, and how to get support.

May 8 | 5:00–6:00 p.m.

<https://rcoe.zoom.us/meeting/register/xmBXXFSUTJa6R3l8HKtO5w>



### Behavioral Parent Training for Children with Behavioral Difficulties: PART 2 | Creating positive environments

Creating positive environments and utilizing strategies to promote positive behaviors.

May 13 | 3:00–4:00 p.m. (English) | 4:00–5:00 p.m. (Spanish)

[https://rcoe.zoom.us/meeting/register/ugPfMbyaQ\\_SKC1OoagjW7Q](https://rcoe.zoom.us/meeting/register/ugPfMbyaQ_SKC1OoagjW7Q)



### Behavioral Parent Training for Children with Behavioral Difficulties: PART 3 | Consequences

Identify the basics of behavioral consequences: active ignoring and time outs.

June 2 | 3:00–4:00 p.m. (English) | 4:00–5:00 p.m. (Spanish)

<https://rcoe.zoom.us/meeting/register/R8cEixsNRcOZM6synYN0-g>



### Transition to College- A Complete Guide for Teens and Parents

Define the hardships that often accompany the transition from high school to adulthood.

June 10 | 4:00–5:00 p.m. (English) | 5:00–6:00 p.m. (Spanish)

[https://rcoe.zoom.us/meeting/register/8Wh7U\\_mZQeOaQFEGDYOSaA](https://rcoe.zoom.us/meeting/register/8Wh7U_mZQeOaQFEGDYOSaA)

For questions please call: 951-276-CARE (2273) or visit our website at: [www.rcoe.us/carespace](http://www.rcoe.us/carespace)

